

Main Meals

WEEK 2

Monday

Baked Lasagne Al Forno served with Cheesy Garlic Bread, Sea Salt Roast Potatoes and a Plum Tomato, Cucumber and Rocket Leaf Salad

Tuesday

Grilled Beef burger in a Flour Bun with crisp Lettuce Leaf, Beef Tomato Slice, mature Cheddar Cheese Slice, Balsamic Onion Relish, Garlic Mayo and French Fries

Wednesday

Battered Chicken Breast and BBQ Rib Combo with Spiral Fries, Onion Rings, Blackened Corn Cob and Tangy Texan BBQ Sauce

Thursday

Grilled Moroccan Spiced Chicken Breast with Cous Cous and Coriander Salad, Warm Khoba Flat Bread, Yoghurt and Mint Drizzle and crisp Potato Wedges

Friday

Crisp Battered Cod & Lemon, Tartare Sauce, Mushy Peas & Chips

Battered Pork Sausage

Fish Fingers

Wholetail Scampi

Chip Shop Curry Sauce / Gravy