

Main Meals

WEEK 4

Monday

Thai Green Chicken Curry served with sticky Coconut Rice,
Prawn Crackers and Vegetable Pancake Roll

Tuesday

Chicken Fillet Burger, Shredded Iceberg Lettuce, Big Mac Sauce,
Sesame Seed Bun, Skin on Fries, Crunchy Red Onion Coleslaw

Chilli Con Carne with steamed Rice or Baked Potato,
Sour Cream and Grilled Pitta Bread

Thursday

Crispy Chicken Strips, Cos Lettuce, Sliced Tomato and Honey Mustard Dressing
wrapped in a Soft Tortilla Wrap and a side of Onion Rings and Skinny Fries

Friday

Crisp Battered Cod & Lemon, Tartare Sauce, Mushy Peas & Chips

Battered Pork Sausage

Fish Fingers

Wholetail Scampi

Chip Shop Curry Sauce / Gravy