# Welcome to: How You Can Save a Life



With Joseph Newman

from Secure Solutions Group



### What We'll Discuss Today

- Our background what we do
- A demonstration on how you can save a life
- Some essential first aid skills everyone should know
- The benefits of EVERYONE being trained in first aid
- First aid Q&A
- Referrals to our training



# Why we should all be like Carol Smiley...



https://www.youtube.com/watch?v=KAu9l2pWOis

# **Essential First Aid Skills EVERYBODY Should Know**

- CPR (resuscitation)
  - Choking
  - Bleeding
    - Burns
  - Fainting
  - Primary survey
    - Seizures
      - Shock
- Sprains, fractures, etc
  - Unconsciousness

### The Benefits to EVERYBODY Being First Aid Trained

- It's the law to have a first aider in the workplace
- Taking a first aid course is excellent team building
- It's a life skill, not just for the workplace
- Shows a greater duty of care, giving a great impression
- Every single one of us here will need to provide first aid at some point in their lives
- There are no real disadvantages...!

### First Aid Q&A

Q: What's the best way to heal a graze or cut?

A: Keep it moist, keep it covered!

### Ask me anything first aid related!

## Any questions on first aid training?

#### Referrals

Help to save a life – recommend us to anyone who needs first aid training!

Minimum £5.00 referral fee for every single person you refer

£60.00 referral fee for a group

(It's confidential)

#### Discount For You

With support from The Business Village, for attending today;

£10.00 discount per person

(Valid for 90 days – quote "June Breakfast Networker)





Learn the essential skills to save a life all wrapped up in a 1-day course!

Our most popular Emergency First Aid at Work 1 day course is HALF the price of St John, Red Cross and now at least £20 CHEAPER than Barnsley College.

Delivered and developed by trained professionals from both NHS and Private Sector backgrounds, who have 'done it for real'!

#### This gives you a Level 3 Award in Emergency First aid at Work.

The Emergency First aid at work qualification is the choice of many employers to ensure they are meeting the requirements of the Health and Safety Regulations The 'QNUK Level 3 Award in Emergency First Aid at Work (RQF)' is ideal for those employers that need to meet the minimum requirement of first aid regulations.

#### The day at a glance:

A Nationally Recognised Level 3 Qualification Fully Accredited by Ofqual Equivalent to an A Level Qualification We maintain a 100% Pass Rate Hot Drinks and Snacks Included Personalised 3 Year Certificate Included

#### Did you know?

Having an up-to-date First Aider in the workplace is the LAW, but also a life skill.

Did you know, we can also deliver training at your workplace, at date of your choice? We deliver a wide range of training, including First Aid, and can do this at your workplace or just for your team at our offices.

If you have any questions at all, please don't hesitate to get in touch! www.Facebook.com/SecureSolutionsGroup — 08452578999 — office@contactssg.com — www.ssguk.co.uk



#### **Our Courses**

- First Monday of each and every month
- Regulated qualifications
- £69.00 down from £119.00
- More than half the price of St John Ambulance (£160.00) and Red Cross (£150.00)
- Covers all the topics we covered
- Materials, certificate and drinks and snacks included
- Delivered by NHS Trained Professionals

#### Get in Touch

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See me in person!

